

Stasia Johnson Steinhagen, CCLP, MA

# The Art of Powerful Listening in Holistic Healing

*"People exist to the extent that  
our listening provides."*

*~Dr. Carol McCall, MCC*

*Values, vision, planning and  
execution are the body of  
leadership. Listening is the  
heart."*

*~ Stasia Johnson Steinhagen, CCLP, MA*

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Whether our role is parent, partner, or healer, we cannot truly heal another, nor supply another with a true revelation. Lasting growth and health ultimately come from within. Therefore, a primary power and purpose in the healing dynamic is to create space for others to experience themselves such that they can enhance their own knowing and healing. This is profoundly simple and deeply challenging work.

*In this workshop will explore:*

- *Purpose of Powerful Listening & Practice Sessions: How to create a space for clients to experience themselves. Where is our listening directed? What are we listening for? What to do with what we hear? Etc.*
- *Purpose of Powerful Inquiry & Practice Sessions: How to use inquiry to enhance clients' experience of themselves. Why not 'why'? How 'how' gets you everywhere...and other surprising tricks of the trade.*
- *Purpose of Telling & Practice Sessions: How and when to use telling. What happens with useful telling? When telling becomes an unwanted detour and what to do about it.*
- *Listening & Inquiry for yourself, at home, and in the world at large. Yes, you can try this at home!*

Testimonials from previous Powerful Listening Program participants:

*"I feel I am much better listener now; I understand what it means to make space for others and allow them to show up. This was the best training class I have ever had."*

*"It felt really complete for what we set out to do. Great pace, the time flew, and we covered a lot!"*

*"I thought I was a good listener before. Now I realize I was just waiting for the other person to be quiet so I could talk! I get what it means to 'come from service' - that means a lot to me."*

*"I really enjoyed Stasia's way of teaching - how she asked us about our experiences and wove that into what she had to teach us. It made it easier to grasp and more meaningful. I loved the small-group discussion-oriented format."*

*"Good flow of material, good interaction between Stasia and the group...she is a very good listener...was very relaxed and knew her subjects. Everyone I spoke to enjoyed her classes."*